

Infinite Multisport Club NEWSLETTER

November 2006

Vol. 1, Issue 5



Thanks to the Tigers for inspiring us to keep trying, keep working and ultimately- ya get rewarded!

From the Editor

Here's your Club recap of all the races from late summer up to now. This is the issue to hang onto and read during some snowy winter afternoon when you need motivation to get outdoors in the cold.

Ed. note: let me know if I missed your race result in this issue: patricklchandler@comcast.net

Ironman: ChesapeakeMan Ultra

Sep 30

A meticulous six-month training plan (c'mon Don... 330 hours?) followed to perfection netted Don Zimmer a jaw-dropping result at the ChesapeakeMan Ultra, an iron distance event in Maryland.

Don worked his way to a 12:06:30 finish, good for 16th in his very competitive age category.

"It couldn't have gone any better. I think I've used up all my race luck for a couple years. The weather and conditions for all my preparatory events (the half IM, centuries, etc.) even was great. The stars can't all line up like that often."

Ironman: Great Floridian

October 21

As Mike Nowicki's email noted: "The heat was unbearable - 92 degrees, the bike course was grueling - hill after hill (I thought Florida was suppose to be flat?!), the run was exhausting ... I endured the conditions and claimed the title of IRONMAN!"

Finish time of 12:50:24, placing Mike at an unbelievable 2nd in his age group!

Ironman: Florida

Nov 4

Breaking News from Panama City Beach!

Kelly Stimson completed IM Florida in 14:49:19 to claim her IRONMAN title.

Kelly, we need you at the next Club event to come and tell your story- we're eager to hear all about it. Just incredible. Congratulations!

Chicago Triathlon

Aug 27

Bryan Sieber punched out a 2:31:50 for the Olympic distance at the Accenture Triathlon in Chicago.

This was also a grudge match versus his brother. Bryan whipped David's butt by a sturdy 20 minutes- good for twelve months of bragging rights among the Sieber clan.

Brian's report: "The Accenture Chicago Triathlon was the most exciting race I've been involved with in my short 2 year triathlon career. The event is kicked off by an enormous health and fitness expo that has almost every major player in the triathlon industry in attendance. In addition to all the major bike and equipment dealers, there were several local tri shops offering enormous deals and enough free food to keep me full for the rest of the week.

When it came time to race, everything was very well planned out and organized to accommodate the world's largest crowd. The swim took place at the edge of the Chicago Yacht club, making it possible for fans to follow their favorite athlete by wading along the edge of the marina the entire time. The bike was very VERY fast and straight along blocked off lanes of Michigan Avenue. It was a blast picking up speed and zipping down overhangs. The run took place around beautiful lake Michigan past some of Chicago's most famous landmarks.

In addition to the cool scenery, the race offered some cutting edge technology (videos of the

finish and splits e-mailed instantaneously to fans). The only negative aspect of the whole experience would be the 45min+ wait to use the porta potties at the beginning of the swim. Other than that, I would highly recommend adding the Chicago Tri to the race list for next year."

Crim Success

Aug 26

This was the 30th anniversary of the Bobby Crim, the classic 10-mile road race in Michigan.

Among the 8,252 racers were multiple Infinite Multisport finishers:

Glenn White	1:18:33
Ken Sanko	1:39:26
Kellie Kource	1:40:26
Sue Lint-Pirtle	1:40:25
Sandy Leonard	1:45:22
Tara Lindstrom	1:50:25
Michael Rice	1:31:05
Tonya Rice	1:57:52
Pam Brooks	<i>(could not locate time)</i>

Frenchtown Triathlon

Sep 9

New venue- Monroe - because of the closed Stony Creek Metropark route. Heard it was a great Lake Erie swim, and a bumpy bike route (to be fixed for '07)...

Kellie Kource - 3rd age group Olympic
 Bryan Sieber - 6th age group Olympic
 Michael Rice - 12th age group Olympic
 Sue Lint-Pirtle - 4th age group Sprint
 Nicole Piersante- 5th age group Sprint
 Ken Sanko - 18th age group Sprint

Chicago Marathon

Oct 1

The Banco Popular Half Marathon is Chicago's "other" marathon, so two of the Club's racers (Sue and Sandy) + three *athletic supporters* (Jeff, Jerry, Paul) made the trek. Results:
 Sue Lint-Pirtle 2:09:41
 Sandy Leonard 2:25:16

Once again it's a toss-up as to whether the better stories about this roadtrip come from the nightlife or the race itself.

Autumn Colors Triathlon

Sep 17

This was a steep bike course coupled with a tough trail run- a real challenging course at Holly Recreation Area for you anaerobic freaks.

Tri:

Andy Fuchs - 28th in age group at 2:25:33
 His first race with family- Bettina, Juliana and Lenny, all here in the States.

Paul Leonard - 35th in age group at 2:35:12
 Paul blasted the bike leg, but the run was hobbled by serious Achilles tendon pain.

Du: Pat Chandler 4th in age group, at 2:14:02

Detroit Free Press Marathon

Oct 29

Among 15,000 athletes at the Detroit Free Press Marathon, Infinite Multisport was well and truly represented:

Infinite Multisport Relay Team 4:10:19
 (Nicole Piersante; Tara Lindstrom; Paul Leonard; Sandy Leonard; Sue Lint-Pirtle)

MI Institute for Human Performance Relay Team 4:04:53 (including Tracy Ryckaert)
 MIHP is one of the Club's partners, and fielded 7 relay teams for the Marathon.

Greenie race bibs for these Full Marathon first-timers:

Glen White	4:16:38
Pat Chandler	4:29:10
Mike Rice	4:47:23
Tonya Rice	5:59:48

Half Marathon kudos to:

Bryan Sieber	1:43:37
Brian Frost	1:54:04
Don Zimmer	1:54:05
Kevin Merritt	1:54:16
Kelly Stimson	2:13:45
Tim Ericson	2:22:12
Pam Brooks	2:37:37
Marc Barringer	2:47:17

And quotable quotes:

Glenn "I have huge respect for anyone who does a marathon, because no matter who you

are there is nothing easy about it. Will I do another? Don't ask me now... I'm still hobbling."

Marc "And what do my wondering eyes see at the side of the road in an unofficial aid station? Tim Horton TIMBITs being handed out. I get a chocolate one and turn into the tunnel."

5k for Kenya

Sep 16

Kellie Kource- 1st overall among Women.

Please go back, re-read, and let that finishing position sink in for a moment!

Mackinaw Island Half Marathon

Oct 21

Sue Lint-Pirtle: 2:05:43 for 12th in age group

Running on the Island in mid-October must have been scenic...

Great Pumpkin Duathlon

Oct 8

Kensington Metropark started out foggy, then segued into the perfect autumn training day.

Full (5k run/24m bike/10k run): Patrick 2:53:48

November Training

This month's training calendar will soon be posted at www.infinitemultisport.com.

Other Happenings

Racing kit (clothing) for '07- Paul is looking into apparel options for the Club... more to come.

Fraser Bike event in '07- stay tuned

Officer elections for 2007 are approaching. 1st step: Nominations.

If you wish to nominate yourself or someone else as a Club officer next year, send that nomination to:

Paul psleonard1@gmail.com

or

Pat patricklchandler@comcast.net

Upcoming events

- Big Bird: Roseville
- Turkey Trot: Downtown Detroit
- Las Vegas- Dec 10th Go Sandy, Sue, Ken, Paul, Jerry
- Big Foot Boogie Jan 27th Snowshoe in Traverse City. This is a party weekend worth putting on your calendar. Contact Susanlint@hotmail.com

And finally, plans are underway for a holiday party to celebrate a year chock full of Infinite Multisport accomplishments. Watch your email for more, and save the date!

